Our Services
AT A GLANCE

Serving
San Diego County

South Bay Community Services transforms communities to support the well-being and prosperity of children, youth, and families in San Diego County.
Children
SBCS is dedicated to ensuring that our community’s children are offered the services they need so they can lead healthy and happy lives.
- Mi Escuelita Therapeutic Preschool
- In-home parenting support
- Parenting classes & support groups
- Healthy development screenings and treatment
- Child abuse prevention & intervention programs
- School-based mental health services
- Individual and group counseling
- Trauma informed care

Youth
SBCS offers a full spectrum of services to provide youth the resources and skills they need to reach their full potential.
- Housing and support for homeless and foster youth
- Alternatives to detention
- Youth diversion and prevention services
- Community Resource Centers
- Job readiness and coaching for at-risk youth
- Before, in-school, and after school programs
- Academic interventions
- Tutoring & mentorship
- College achievement support
- Street outreach for homeless youth
- Suicide prevention and intervention
- Teen pregnancy prevention
- Mental health services

Family
SBCS is dedicated to providing holistic support to help the entire family overcome difficult situations.
- Family violence & support services
- Domestic violence emergency response team
- Emergency shelter and support for domestic violence survivors and families
- Emergency shelter and support for homeless families
- Transitional & affordable housing for families
- Job readiness assistance
- Individual and family counseling

Community
We work to strengthen our community through involvement, partnership and a shared desire to lift up and empower.
- Food distribution
- Clothing
- Free tax services
- Rental assistance
- Resource assistance
- National City Family Resource Center
- Resident Leadership Academy
- Promotora Program

50,000+ families yearly
400+ personnel
In the community since 1971

24/7 Hotline: (800) 640-2933
SouthBayCommunityServices.org