Domestic Violence Services
We can help.

24/7 Response
A 24-hour, 7-day per week emergency team responds to domestic violence calls with law enforcement in the areas of Chula Vista, National City, Imperial Beach, and Southern San Diego.

Team Associates provide crisis intervention to victims and their children, and assist them with planning their immediate and long-term safety.

Call (800) 640-2933 for immediate safety planning.
Shelter and Transitional Housing
SBCS provides emergency shelter and transitional housing for families escaping domestic violence. To remove barriers to leaving domestic violence, extended family members and teenage sons may stay with family at the shelter. Counseling, food assistance, and other services are offered.

Family Violence and Supportive Services
Our supportive services assist survivors (adults and children) of domestic violence in recovering from the trauma experienced in an abusive relationship. Individual and group counseling are offered, as well as food assistance, job readiness, healthy development services for children and more.

Mi Escuelita Preschool
A therapeutic preschool, Mi Escuelita is the only school of its kind designed especially for children impacted by domestic violence and abuse to help break the cycle of violence, help children heal and begin the right path for school. Mi Escuelita is free, full-day and bilingual for children ages 3 to 5 years old.
- Qualified and specialized staff, a full-time therapist in each classroom, and keeping ratios low help to meet each child’s individual needs
- Senior volunteers in each classroom provide intergenerational experience
- Children are referred by law enforcement and various community-based organizations