South Bay Community Services transforms communities to support the well-being and prosperity of children, youth, and families. Through comprehensive and coordinated services and supports, we assist all individuals and all communities to reach their fullest potential.
LETTER FROM THE PRESIDENT & CEO

Dear Friends,

Each year I have the honor of sharing with you SBCS’ achievements and challenges. As you can imagine, this year has been quite eventful. We focused our efforts on the issues and concerns of the community, providing not only services but leadership, guidance and support for those in need.

This past year we shared several meaningful milestones with the community and embraced many new opportunities. We completed our sixth year of the Chula Vista Promise Neighborhood Program, providing a cradle to career continuum of services for children and families in the Castle Park community; and received notice of award of a second project, the San Diego Promise Neighborhood, which will focus services in Barrio Logan, Logan Heights and San Ysidro. We are now considered a national leader in Promise Neighborhood services.

Upon evaluation of our Alternatives to Detention Program, we found that by providing community-based options to low-risk juvenile offenders, rather than keeping them in juvenile hall, we were able to create a direct cost savings for the county of more than $10 million over three years.

Through the generosity of Guy Clum, and his donation of $1.7 million through the San Diego Foundation, we were able to open a fourth classroom at Mi Escuelita, which will allow us to serve more preschool students who have been traumatized by family violence.

The entire South Bay Community Services team is grateful to our partners, supporters, volunteers and donors for their gifts of time, resources and hope. Together we are working to transform communities, making them a better place for all to grow, thrive and succeed.

Kathie Lembo
President & CEO
South Bay Community Services (SBCS) transforms communities to support the well-being and prosperity of children, youth, and families. Through comprehensive and coordinated services and supports, we assist all individuals and all communities to reach their fullest potential.

“Staff listened to the family and helped us communicate in a positive way to resolve our family conflicts.”

Over

60,000
Individuals Received
ACCESS TO FOOD

2,500
Families Served Through
YOUTH PREVENTION AND INTERVENTION

380
Families Received
IN HOME PARENTING SUPPORT

1,012
Individuals
HOUSED

4,190
Parenting Education
HOME VISITS PROVIDED

SBCS has helped me through many trials and I wouldn’t know where I would be today without the help of the staff. I believe that the resources were extremely useful and helped me reach my goals.”

South Bay Community Services has helped me out a lot...it gave me a second chance.”

SBCS is dedicated to ensuring that our community’s children are provided the services they need to give them the best chance at leading a healthy and happy life.

SBCS offers a full spectrum of services designed to provide youth the resources and skills they need to reach their full potential and give their best to themselves and their community.

From counseling and support to emergency shelters and transitional housing, SBCS is dedicated to providing a holistic approach that helps families and individuals survive and overcome difficult situations.

We work every day to strengthen our community through involvement, partnership and a shared desire to lift up and empower children, youth and families for a better, healthier tomorrow.

Positively Impacted the Communities of Chula Vista, Imperial Beach, and San Ysidro

109
Resident Leadership Academy
GRADUATES
Mi Escuelita is a unique preschool program which combines education with therapeutic services for children ages 3-5 who have been traumatized by family violence.

First Steps promotes positive parenting and enhances child health and development through home visiting services for pregnant women and families with children ages 0-3.

- **88%** Parents demonstrated increased knowledge of age-appropriate child development
- **1,808** Home visits
- **161** Families received services

**M.I. ESCUELITA THERAPEUTIC PRESCHOOL**

**CHILDREN’S MENTAL HEALTH**

Our children’s mental health programs offer a comprehensive array of outpatient therapeutic services for both children and adolescents.

- **353** CHILDREN AND ADOLESCENTS SERVED
- **161** Families received services
- **76%** Youth between 11-18 years old reported a reduction in symptoms
- **87%** Parents reported a reduction in their child’s symptoms
- **93%** Social Emotional Development maintained or improved
- **94%** English Language Development maintained or improved
- **95%** Physical Development - Health maintained or improved
- **93%** Cognition (including Math and Science) maintained or improved
- **75%** Clients participated in family therapy
- **95%** Avoided psychiatric hospitalization or re-hospitalization

**First Steps** promotes positive parenting and enhances child health and development through home visiting services for pregnant women and families with children ages 0-3.

**88%** Parents demonstrated increased knowledge of age-appropriate child development

**1,808** Home visits

**161** Families received services

**MI ESCUELITA THERAPEUTIC PRESCHOOL**

Mi Escuelita is a unique preschool program which combines education with therapeutic services for children ages 3-5 who have been traumatized by family violence.

**125** PRESCHOOL STUDENTS & FAMILIES SERVED

**Social Emotional Development**

- **93%** Maintained or Improved

**English Language Development**

- **94%** Maintained or Improved

**Cognition (including Math and Science)**

- **93%** Maintained or Improved

**Physical Development - Health**

- **93%** Maintained or Improved
HEALTHY DEVELOPMENT SERVICES

HDS supports families with children ages 0-5 to identify and celebrate important developmental milestones in preparation for kindergarten and school success.

Childhood is the foundation upon which life is built. We believe the healthier that foundation, the greater the possibility for success and happiness in adulthood. We are dedicated to ensuring that our community’s children are provided the services they need to give them the best chance at leading a healthy, happy life.

CHILD ABUSE PREVENTION AND INTERVENTION

These programs include Project Safecare and Community Services for Families among others, which provide parent education and coaching using the SafeCare and STEP curricula. SBCS not only provides SafeCare services, but also trains social service providers to deliver the SafeCare parenting curriculum.

Professional training and coaching on SafeCare curriculum
- 45 Providers trained
- 445 Coaching sessions provided

Families received SafeCare county-wide
- 912 Families

Families who received in-home parenting reported that services helped reduce stress levels
- 95%

Families received home-based parenting
- 204 Families

In-home parenting sessions conducted
- 2,316

90% FAMILIES DEMONSTRATED IMPROVED PARENTING SKILLS

99% Parents increased knowledge of age appropriate child development

Over 1,000 Children assisted across multiple sites

100% Parents/adults involved in services felt the services increased their:

Understanding of their child’s needs;
Ability to help their child develop and learn;
Knowledge and ability to access services;
Ability to advocate for their child’s needs;
Confidence as a parent; and
Relationship with their child in positive ways.
YOUTH DEVELOPMENT & EDUCATION

YOUTH PREVENTION AND INTERVENTION

YPI provides gender-responsive prevention, diversion and intervention services for at-risk youth and their families. Using a strengths-based approach we assist youth to overcome barriers, thus keeping them in school and out of the juvenile justice system. Together we work to cultivate a thriving youth community.

2,482 FAMILIES SERVED

| 1653 | 370 |
| Community Assessment Teams | Youth participated in LGBTQ+ youth support groups |
| 650 | 97% |
| Juvenile Diversion | Clients received a Trauma Informed Assessment upon admission to determine needs |
| 829 | 66 |
| Alternatives to Detention | Clients receiving supportive services were screened utilizing the Columbia suicide severity rating scale or similar |

93% Youth successfully met program goals, improved resiliency score at time of exit AND remained arrest free after 6 months

1,400 Received intensive case management

OUR SAFE PLACE

Our Safe Place is a drop-in center open every day, year-round for LGBTQ+ youth to find support through community building and educational activities. SBCS provides mental health counseling and career readiness programs on-site.

370 Youth participated in LGBTQ+ youth support groups

100% Clients received a Trauma Informed Assessment upon admission to determine needs

97% Clients receiving supportive services were screened utilizing the Columbia suicide severity rating scale or similar

66 Community outreach and LGBTQ+ trainings provided

“Young people deserve not only the basic necessities, but access to caring people needed to flourish. I believe that I’ll be able to achieve my dreams regardless of the cards stacked against me.”
SBCS provides a full spectrum of services designed to offer youth and their families the resources and skills they need to reach their full potential. Through wraparound supports, youth are assisted in their transition to adulthood, enabling them to give their best not only to themselves, but also to their community.

FOSTER AND TRANSITIONAL YOUTH SUPPORT PROGRAMS

SBCS provides various support networks to help current and former foster youth overcome challenges including housing, counseling, life skills, education, and job readiness training. Programs include supportive housing, Independent Living Skills, Learn and Earn to Achieve Potential (LEAP), and Transition Aged Youth Academy (TAY).

Learn and Earn to Achieve Potential (LEAP)

- **108** YOUTH SERVED
- **104** Entered post secondary education, certificate program, and/or career training program
- **72%** Youth who began employment during the program retained employment after 12 months
- **65** Improved academic performance
- **76** Increased economic literacy

Transition-Age Youth Academy (TAY)

- HOMELESS YOUTH
  - **100%** Youth in need of high school diploma were re-enrolled into high school or equivalent program
  - **89%** Youth referred to mental health services engaged in therapeutic services
  - **72%** Youth who began employment during the program retained employment after 6 and/or 12 months

- FOSTER YOUTH
  - **83%** Youth who entered without having completed high school received their diploma or equivalent by program exit
  - **100%** Youth successfully exited the program and transitioned to safe and sustainable housing

Independent Living Skills

- **94%** Youth achieved full-time productivity, defined as full-time employment, school or combination of both
- **90%** Youth achieved stable housing for 12 consecutive months
- **99%** Youth in the program identified and established a relationship with a supportive adult
Coordinated by SBCS, the Chula Vista Promise Neighborhood (CVPromise) brings together over 30 partners. CVPromise focuses on family, education, health, and community to provide children in the Castle Park neighborhood with the resources they need to excel in school, advance to post-secondary education, earn a living wage, and lead healthy lives.

The Promise Neighborhood Initiative supports children from the time they are born through college completion. In Chula Vista, schools are at the heart of the Promise Neighborhood, but opportunities extend beyond school walls. CVPromise brings together parents, businesses, non-profits, hospitals and clinics – all working together to transform the community and create a brighter future for all.

Students, parents, educators and community members joined together at Castle Park High School in support of the End Child Poverty Bus Tour.
**PROMISE NEIGHBORHOOD OUTCOMES**

**Attendance And School Success**

- **97%** Passed kindergarten-readiness test
- **97%** Parents increased the number of times they read to their child per week
- **93%** Attendance rate at Escuelita del Futuro
- **97%** Attendance rate at Castle Park Elementary

**Academic Advocate Program**

- **100%** Students enrolled in Academic Advocate program graduated high school
- **92%** Students in the Academic Advocate program enrolled in two or four-year institution
- **92%** Persistence rate for CVPromise students in college compared to the average in California
- **64%** State of CA
FAMILY WELLNESS

EMERGENCY HOUSING

471
Individuals sheltered

13,571
Bednights provided to homeless families

HOUSING ASSISTANCE

SBCS provides a continuum of housing solutions including transitional housing, rapid re-housing, permanent supportive housing and rental assistance, combined with supportive services to assist families to achieve housing stability.

501
Households received rental assistance

140
Households participated in transitional housing

83%
Youth retained stable housing after 1 year

92%
Persons living with HIV/AIDS maintained or increased their income while in permanent supportive housing

70%
Families affected by domestic violence increased their income by exit

“Dear SBCS and transitional housing team, thank you for everything you’ve done for me and my son. It’s not enough to say thank you. You guys work perfectly together as a close united team.”
We are dedicated to helping families survive and overcome difficult situations. From emergency food and shelter to counseling and support services, we assist families to achieve economic independence and live free from violence and abuse.

**SUPPORTIVE SERVICES FOR SURVIVORS**

Those experiencing domestic violence require specialized care. SBCS provides trauma-informed services and emergency response in conjunction with local police jurisdictions. Survivors receive in-person advocacy and support including safety planning, emergency housing, referrals for legal services, connection to counseling and other resources.

<table>
<thead>
<tr>
<th>SBCS Responded to</th>
<th>CALLS FOR EMERGENCY RESPONSE FROM LAW ENFORCEMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>698</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Received case management/advocacy</th>
<th>Received counseling services</th>
</tr>
</thead>
<tbody>
<tr>
<td>605</td>
<td>532</td>
</tr>
</tbody>
</table>

SBCS collaborated with community organizations to host a rally to End Domestic Violence on October 10, 2019. Together we were able to empower, support and educate residents about domestic violence.

“You have taught me so much in such little time. You have taught me patience, to be grateful for what I have; but most importantly you have given me hope. You taught me that there is good in this world, and no matter how dark and how bad things can get, there is always a light at the end of the tunnel.”
COMMUNITY ENGAGEMENT

NATIONAL CITY FAMILY RESOURCE CENTER

The National City Family Resource Center (FRC) provides wrap-around services to families of school-aged children in National City. Funded in partnership with the National City Elementary School District and the Sweetwater Union High School District, the FRC allows families easy access to counseling (adult, child, family), resources to cover basic needs (food and clothing distribution), referrals for supportive services (WIC, housing assistance, immigration, etc), and educational workshops.

Over 13,000 Individuals received food

298 Individuals served

Collaborated with 14 School sites

PROMOTORAS

Promotoras are bilingual, trained community members who are active throughout the neighborhood sharing information and resources with students and parents. Promotoras connect families to services which meet their needs, including food and housing assistance, mental health services and physical health and wellness supports.

PASSAGES/PASAJES AT THE OLD GLOBE

We’re proud of our very own CVPromise Promotoras and Castle Park community for collaborating with The Old Globe to present the bilingual performance of “Pasajes/Passages.” Our team authored the script following the stories of four women from the South Bay who are tested by the forces of humanity.

454 Events Promotoras participated in, working with 30,536 Participants

Of which 11,386 Were referred to services

17,163 Hours Promotoras volunteered/served
SBCS was created by dedicated community members in 1971 and has grown in response to community needs. We are rooted in the neighborhoods we serve and work to cultivate leadership within them.

RESIDENT LEADERSHIP ACADEMY

The Resident Leadership Academy (RLA) encourages community members to actively engage in the issues that affect them like public safety, civic engagement, and overall health and well-being. This is achieved through curriculum-based learning and community improvement projects. Through the RLA, neighbors invest in one another and work together to advocate for changes they want to see in their neighborhoods.

42 New graduates
89% Increased participation

Community Improvement Project: Neighbor Day

Inspired by an event in Jackson, Mississippi, our RLA graduates developed and implemented Neighbor Day for the Castle Park neighborhood, with hopes that it will be celebrated city-wide. Neighbor Day is a special day set aside to reach out to neighbors, make new friends, and express thanks to those who make our community a great place to live. On this first Neighbor Day, residents joined with community partners to provide a morning pancake breakfast, complete with children’s activities and a neighborhood walk where participants offered greetings to local neighbors.

“Thank you SBCS for taking the time and interest in developing the RLA program and also thank you for all of your work and support. It has been a positive life change for my family and I, and you are part of it! I feel blessed to have such amazing people around and I know I’m not the only one who feels this way.”
## STATEMENT OF FINANCIAL POSITION

**June 30, 2019**

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>Unaudited 2019</th>
<th>LIABILITIES AND NET ASSETS</th>
<th>Unaudited 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Assets:</strong></td>
<td></td>
<td><strong>Current Liabilities:</strong></td>
<td></td>
</tr>
<tr>
<td>Cash and cash equivalents</td>
<td>$4,285,625</td>
<td>Accounts payable</td>
<td>$1,709,007</td>
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<tr>
<td>Grants and contracts receivable</td>
<td>4,004,638</td>
<td>Accrued expenses</td>
<td>1,647,988</td>
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<tr>
<td>Accounts receivable</td>
<td>31,663</td>
<td>Interest payable</td>
<td>1,107</td>
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<tr>
<td>Contributions receivable</td>
<td>242,847</td>
<td>Deferred revenue</td>
<td>570,056</td>
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<td>Developer fee receivable</td>
<td>184,395</td>
<td>Custodial funds</td>
<td>20,446</td>
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<tr>
<td>Tenant security deposits</td>
<td>10,365</td>
<td>Tenant secuity deposits</td>
<td>10,365</td>
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<tr>
<td>Prepaid expenses</td>
<td>51,457</td>
<td>Current portion of notes payable</td>
<td>297,197</td>
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<tr>
<td><strong>Total Current Assets</strong></td>
<td>8,810,990</td>
<td>Current portion of accrued postretirement benefits</td>
<td>25,000</td>
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<tr>
<td><strong>Noncurrent Assets:</strong></td>
<td></td>
<td><strong>Total Current Liabilities</strong></td>
<td>4,281,166</td>
</tr>
<tr>
<td>Replacement reserves</td>
<td>221,850</td>
<td></td>
<td></td>
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<tr>
<td>Replacement and maintenance reserve</td>
<td>61,255</td>
<td></td>
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</tr>
<tr>
<td>Deposits</td>
<td>18,449</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Notes receivable</td>
<td>553,796</td>
<td></td>
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<tr>
<td>Interest receivable</td>
<td>8,298</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Land, buildings and equipment, net</td>
<td>6,703,760</td>
<td></td>
<td></td>
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<tr>
<td>Investment in limited partnerships</td>
<td>408,986</td>
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<tr>
<td><strong>Total Noncurrent Assets</strong></td>
<td>7,976,394</td>
<td></td>
<td></td>
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<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td>$16,787,384</td>
<td><strong>Total Noncurrent Liabilities</strong></td>
<td>11,338,212</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td>$16,787,384</td>
<td><strong>Total Liabilities</strong></td>
<td>15,619,378</td>
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<tr>
<td><strong>Without Donor Restrictions</strong></td>
<td>1,098,006</td>
<td><strong>Net Assets:</strong></td>
<td></td>
</tr>
<tr>
<td><strong>With Donor Restrictions</strong></td>
<td>70,000</td>
<td>Without Donor Restrictions</td>
<td>1,168,006</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td>1,168,006</td>
<td>Total Liabilities</td>
<td>15,619,378</td>
</tr>
</tbody>
</table>

Unaudited 2019
## STATEMENT OF ACTIVITIES
For the year ended June 30, 2019

### REVENUE AND SUPPORT:

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants and contracts</td>
<td>$26,535,873</td>
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<tr>
<td>Other income</td>
<td>792,498</td>
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<tr>
<td>Contributions</td>
<td>668,527</td>
</tr>
<tr>
<td>Program income</td>
<td>586,923</td>
</tr>
<tr>
<td>Special events (net of direct costs of $197,298)</td>
<td>209,226</td>
</tr>
<tr>
<td>Management fees</td>
<td>30,000</td>
</tr>
<tr>
<td>Interest income</td>
<td>8,298</td>
</tr>
<tr>
<td><strong>Total Revenue and Support</strong></td>
<td><strong>28,831,345</strong></td>
</tr>
</tbody>
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### EXPENSES:

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Program Services:</strong></td>
<td></td>
</tr>
<tr>
<td>Youth and family support services</td>
<td>13,057,859</td>
</tr>
<tr>
<td>Children services</td>
<td>8,005,533</td>
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<tr>
<td>Family wellness and self sufficiency</td>
<td>3,211,472</td>
</tr>
<tr>
<td>Collaboratives</td>
<td>592,889</td>
</tr>
<tr>
<td><strong>Total Program Services</strong></td>
<td><strong>24,867,753</strong></td>
</tr>
<tr>
<td><strong>Supporting Services:</strong></td>
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</tr>
<tr>
<td>Management and general</td>
<td>3,022,767</td>
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<tr>
<td>Fundraising</td>
<td>112,815</td>
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<tr>
<td><strong>Total Supporting Services</strong></td>
<td><strong>3,135,582</strong></td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>28,003,335</strong></td>
</tr>
</tbody>
</table>

Change in Net Assets From Operating Activities: 828,010

### NONOPERATING REVENUE (EXPENSE):

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Postretirement benefits</td>
<td>59,952</td>
</tr>
<tr>
<td>Interest expense - Residual receipts</td>
<td>(222,854)</td>
</tr>
<tr>
<td><strong>Total Nonoperating Revenue (Expense)</strong></td>
<td><strong>(162,902)</strong></td>
</tr>
</tbody>
</table>

Change in Net Assets: 665,108

Net Assets at Beginning of Year: 502,898

**NET ASSETS AT END OF YEAR** $1,168,006