DOMESTIC VIOLENCE SERVICES

South Bay Community Services transforms communities to support the well-being and prosperity of children, youth, and families in San Diego County. Our programs are for everyone at any time in their lives when they need it the most.

SBCS RESPONSE TEAM
A 24 hour/7 day a week emergency team responds to domestic violence calls with law enforcement in the areas of Chula Vista, National City, Imperial Beach, and Southern San Diego region.

- Response Team Specialists provide crisis intervention to victims and their children, and assist children and adult victims plan their immediate and long-term safety.
- Call (800) 640-2933 for immediate safety planning.

SHELTER AND TRANSITIONAL HOUSING
SBCS provides emergency shelter and transitional shelter for families escaping domestic violence.

- To remove barriers to leaving domestic violence situation, extended family members and teenage sons may stay with family at the shelter.
- Counseling, food assistance, and other services are available.

FAMILY VIOLENCE & SUPPORTIVE SERVICES
Our supportive services assist survivors of domestic violence in recovering from the trauma experienced in an abusive relationship.

- Individual and group counseling for children and adults.
- Food assistance, job readiness, healthy development services for children and various wrap-around services are offered.

MI ESCUELITA PRESCHOOL
A therapeutic preschool, Mi Escuelita is the only school of its kind designed especially for children impacted by domestic violence and abuse to help break the cycle of violence, help children heal and begin the right path for school.

- Mi Escuelita is free, full-day and bilingual.
- For children ages 3 to 5 years old.
- With qualified and specialized staff and full-time therapist in each classroom, we keep ratios low to meet each child’s individual need.
- Senior volunteers in each classroom provide intergenerational experience.
- Children are referred by law enforcement and various community-based organizations.

WE CAN HELP
(619) 420-3620 | OFFICE
(800) 640-2933 | 24/7 HOTLINE
430 F STREET
CHULA VISTA, CA 91910
SouthBayCommunityServices.org
NEGOTIATION AND FAIRNESS:
Seeking mutually satisfying resolutions to conflict. Accepting changes. Being willing to compromise.

NON-THREATENING BEHAVIOR:
Talking and acting so that she feels safe and comfortable expressing herself and doing things.

ECONOMIC PARTNERSHIP:
Making money decisions together. Making sure both partners benefit from financial arrangements.

RESPECT:
Listening to her non-judgmentally. Being emotionally affirming and understanding. Valuing her opinions.

SHARED RESPONSIBILITY:
Mutually agreeing on a fair distribution of work. Making family decisions together.

TRUST AND SUPPORT:
Supporting her goals in life. Respecting her right to her own feelings, friends, activities, and opinions.

RESPONSIBLE PARENTING:
Sharing parental responsibilities. Being a positive, nonviolent role model for the children.

HONESTY AND ACCOUNTABILITY:

RESPECT:
Listening to her non-judgmentally. Being emotionally affirming and understanding. Valuing her opinions.